

## Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Apple Cinnamon Texas Toast Pear Milk	Bagel Strawberry Cream Cheese Yogurt Cup Mandarin Oranges Suncup Fruit Juice Milk	Berry French Toast Banana Suncup Fruit Juice Milk	Fruit Loops Apple Graham Crackers Milk	Banana Muffin Cinnamon Applesauce Suncup Fruit Juice Milk

MILK - FF & 1% SERVED DAILY  
FRUIT SERVED DAILY: APPLE - BANANA - PEAR - ORANGE

## Lunch

Jul 31		Aug 1		Aug 2	
Aug 5		Aug 6		Aug 7	
Cheese Quesadilla with Salsa Broccoli with Ranch Dressing Green Peas Applesauce Suncup Fruit Juice Milk	Cheese Stuffed Breadsticks with Marinara Cup Baby Carrots with Ranch Dressing California Blend Apple Milk	Chicken Tender Salad with Ranch Dressing Garlic Bread Diced Peaches Suncup Fruit Juice Milk	Stuffed Crust Pepperoni Pizza with Marinara Corn Carrots Diced Pears Suncup Fruit Juice Milk	Cheeseburger Baked Beans Potato Wedges Banana Suncup Fruit Juice Milk	
Aug 12		Aug 13		Aug 14	
Meatball Sub Sandwich Potato Wedges Corn Diced Peaches Suncup Fruit Juice Milk	Chicken Stir Fry Brown Rice California Blend Broccoli with Ranch Dressing Banana Suncup Fruit Juice Milk	BBQ Meatloaf Wheat Roll Baked Beans Mashed Potatoes Cinnamon Applesauce Suncup Fruit Juice Milk	Chicken Alfredo Baby Carrots with Ranch Dressing Green Beans Wheat Roll Mandarin Oranges Suncup Fruit Juice Milk	Corn Dog Broccoli with Ranch Dressing Carrots Pear Milk	
Aug 19		Aug 20		Aug 21	
Chicken Drumsticks Wheat Roll Corn Green Peas Cinnamon Applesauce Suncup Fruit Juice Milk	Stuffed Hash Browns Turkey Sausage Sweet Potatoes Sweet Potato Wedges Banana Suncup Fruit Juice Milk	Chicken Tenders with BBQ Sauce Wheat Roll Spinach Carrots Diced Peaches Suncup Fruit Juice Milk	Asian Salad with Chicken Wheat Roll Baby Carrots with Ranch Dressing Diced Pears Suncup Fruit Juice Milk	Turkey Chili Dog Baked Beans Crinkle Cut Fries Mixed Fruit Suncup Fruit Juice Milk	
Aug 26		Aug 27		Aug 28	
Chicken Teriyaki Brown Rice Wheat Roll Tossed Salad with Italian Dressing California Blend Diced Peaches Suncup Fruit Juice Milk	Taco Salad with Salsa Black Beans Crinkle Cut Fries Banana Suncup Fruit Juice Milk	Baked Ziti Corn Green Beans Wheat Roll Diced Pears Suncup Fruit Juice Milk	Waffle with Turkey Sausage Sweet Potato Wedges Sweet Potatoes Mandarin Oranges Suncup Fruit Juice Milk		
Aug 29		Aug 30			

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MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

MENU CONTAINS NO PORK

**Desayuno**

Monday	Tuesday	Wednesday	Thursday	Friday
Tostada texana con manzana y canela Pera Leche	Bagel Queso crema con fresas Copa de yogur Mandarinas Jugo de frutas Suncup Leche	Tostada francesa con frutos rojos Plátano Jugo de frutas Suncup Leche	Fruit Loops Manzana Galletas Graham Leche	Muffin de plátano Compota de manzana con canela Jugo de frutas Suncup Leche

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**Almuerzo**

Jul 31		Aug 1		Aug 2	
Aug 5		Aug 6		Aug 9	
Quesadilla de queso con salsa Brócoli con aderezo ranch Guisantes Compota de manzana Jugo de frutas Suncup Leche	Palitos de pan rellenos de queso con salsa marinara zanahorias baby con aderezo ranchero mezcla californiana manzana leche	Ensalada de tiras de pollo con aderezo ranchero Pan de ajo Duraznos cortados en cubitos Jugo de frutas Suncup Leche	Pizza de pepperoni con masa rellena y salsa Marinara Maíz Zanahorias Peras cortadas en cubitos Jugo de frutas Suncup Leche	Hamburguesa con queso Frijoles al horno Gajos de patata Plátano Jugo de fruta Suncup Leche	
Aug 12		Aug 13		Aug 16	
Sándwich de albóndigas Gajos de patata Maíz Melocotones cortados en cubitos Jugo de fruta Suncup Leche	Salteado de pollo Arroz integral Mezcla de California Brócoli con Aderezo Ranch Banano Jugo de frutas Suncup Leche	Pastel de carne a la parrilla Panecillo de trigo Frijoles horneados Puré de papas Compota de manzana con canela Jugo de frutas Suncup Leche	Pollo Alfredo Zanahorias baby con Aderezo ranchero Judías verdes Pan de trigo Mandarinas Jugo de frutas Suncup Leche	Perro de maíz Brócoli con Aderezo ranchero Zanahorias Pera Leche	
Aug 19		Aug 20		Aug 23	
Muslos de pollo Rollo de trigo Maíz Guisantes verdes Compota de manzana con canela Jugo de frutas Suncup Leche	Papas fritas rellenas Saichicha de pavo Batatas Gajos de batata Banano Jugo de frutas Suncup Leche	Tiras de pollo con salsa barbacoa pan de trigo espinacas zanahorias duraznos cortados en cubitos jugo de frutas suncup leche	Ensalada asiática con pollo Panecillo de trigo Zanahorias baby con aderezo ranch Peras cortadas en cubitos Jugo de frutas Suncup Leche	Perro caliente de pavo con chile Frijoles horneados Papas fritas onduladas Frutas mixtas Jugo de frutas Suncup Leche	
Aug 26		Aug 27		Aug 30	
Pollo teriyaki Arroz integral Pan de trigo Ensalada mixta con Aderezo italiano Mezcla de California Duraznos en cubitos Jugo de frutas Suncup Leche	Ensalada de tacos con salsa Frijoles negros Papas fritas onduladas Plátano Jugo de frutas Suncup Leche	Ziti al horno Maíz Judías verdes Pan de trigo Peras cortadas en cubitos Jugo de frutas Suncup Leche	Waffle con Salchicha de pavo Gajos de batata Batatas Mandarinas Jugo de frutas Suncup Leche	<div style="display: flex; justify-content: center; align-items: center;"> <div style="font-size: 2em; margin-right: 10px;">day of</div> <div style="font-size: 4em; font-weight: bold;">SERVICE</div> </div>	

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EL MENÚ ESTÁ SUJETO A CAMBIOS SIN PREVIO AVISO


EL MENÚ NO CONTIENE CARNE DE CERDO

**Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
Apple Cinnamon Texas Toast 1 ea Pear 1 ea Milk 1 cup	Bagel 1 ea Cream Cheese Strawberry 1 ea Yogurt, Strawberry Banana 1 ea Mandarin Oranges 1/2 cup Suncup Fruit Juice 1 ea Milk 1 cup	Berry French Toast 1 ea Banana 1 ea Suncup Fruit Juice 1 ea Milk 1 cup	Fruit Loops 1 ea Apple 1 ea Graham Crackers 1 pkg Milk 1 cup	Muffin, Banana 1 ea Cinnamon Applesauce 1 ea Suncup Fruit Juice 1 ea Milk 1 cup

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FRUIT SERVED DAILY: APPLE - BANANA - PEAR - ORANGE

**Lunch**

Jul 31	Aug 1	Aug 2
Aug 5	Aug 6	Aug 7
Cheese Quesadilla 1 ea Salsa Cup 1 ea Broccoli 1/2 cup Ranch Dressing 1 ea Green Peas 1/2 cup Applesauce 1/2 cup Suncup Fruit Juice 1 ea Milk 1 cup	Cheese Stuffed Breadsticks 2 ea Marinara Cup 1 ea Baby Carrots Bulk 1/2 cup Ranch Dressing 1 ea California Blend 1/2 cup Apple 1 ea Milk 1 cup	Tossed Salad 1 1/2 cup Tomatoes 1/4 cup Chicken Tenders (school) 2 pcs Cheddar Shredded 1/4 cup Ranch Dressing 1 ea Garlic Bread 1 ea Diced Peaches 1/2 cup Suncup Fruit Juice 1 ea Milk 1 cup
Aug 8	Aug 9	
Stuffed Crust Pepperoni Pizza 1 ea Marinara 1/4 cup Corn 1/2 cup Carrots 1/2 cup Diced Peas 1/2 cup Suncup Fruit Juice 1 ea Milk 1 cup	TenderBroil Burger Patty 1 ea American Cheese 1 ea Whole Grain Hamburger Bun 4" 1 ea Baked Beans 1/2 cup Potato Wedges 1/2 cup Ketchup 1 ea Banana 1 ea Suncup Fruit Juice 1 ea Milk 1 cup	
Aug 12	Aug 13	Aug 14
Meatballs 6 ea Marinara 1/4 cup Whole Grain Hot Dog Bun 1 ea Potato Wedges 1/2 cup Ketchup 1 ea Corn 1/2 cup Diced Peaches 1/2 cup Suncup Fruit Juice 1 ea Milk 1 cup	<b>Chicken Stir Fry</b> 1 cup Brown Rice 3/4 cup California Blend 1/2 cup Broccoli 1/2 cup Ranch Dressing 1 ea Banana 1 ea Suncup Fruit Juice 1 ea Milk 1 cup	Meatloaf 1 ea BBQ Sauce 1/4 cup Wheat Roll 2 ea Baked Beans 1/2 cup Mashed Potatoes 1/2 cup Cinnamon Applesauce 1 ea Suncup Fruit Juice 1 ea Milk 1 cup
Aug 15	Aug 16	
<b>Chicken Alfredo</b> 1 cup Baby Carrots Bulk 1/2 cup Ranch Dressing 1 ea Green Beans 1/2 cup Wheat Roll 1 ea Cinnamon Applesauce 1/2 cup Suncup Fruit Juice 1 ea Milk 1 cup	Corn Dog 1 ea Broccoli 1/2 cup Ranch Dressing 1 ea Carrots 1/2 cup Pear 1 ea Ketchup 1 ea Milk 1 cup	
Aug 19	Aug 20	Aug 21
Chicken Drumsticks 2 ea Wheat Roll 2 ea Butter 2 ea Corn 1/2 cup Green Peas 1/2 cup Cinnamon Applesauce 1 ea Suncup Fruit Juice 1 ea Milk 1 cup	Hash Browns (Stuffed) 2 ea Turkey Sausage 1 ea Sweet Potatoes 1/2 cup Sweet Potato Wedges 1/2 cup Banana 1 ea Suncup Fruit Juice 1 ea Milk 1 cup	Chicken Tenders (school) 2 pcs Wheat Roll 1 ea BBQ Sauce Cup 1 ea Butter 1 ea Spinach 1/2 cup Carrots 1/2 cup Diced Peaches 1/2 cup Suncup Fruit Juice 1 ea Milk 1 cup
Aug 22	Aug 23	
Tossed Salad 1 1/2 cup Tomatoes 2 oz Diced Chicken (60/40) 2 oz Asian Dressing 1 oz Chow Mein Noodles 1/4 cup Wheat Roll 2 ea Butter 2 ea Baby Carrots Bulk 3/4 cup Ranch Dressing 1 ea Diced Peas 1/2 cup Suncup Fruit Juice 1 ea Milk 1 cup	Turkey Franks 1 ea Hot Dog Chili Sauce 1/8 cup Whole Grain Hot Dog Bun 1 ea Baked Beans 1/2 cup Crinkle Cut Fries 1/2 cup Ketchup 1 ea Mixed Fruit (Fruit Cocktail) 1/2 cup Suncup Fruit Juice 1 ea Milk 1 cup	
Aug 26	Aug 27	Aug 28
<b>Chicken Teriyaki</b> 3 oz Brown Rice 1/2 cup Wheat Roll 1 ea Tossed Salad 1 cup Tomatoes 1/4 cup Italian Dressing Cup 1 ea California Blend 1/2 cup Diced Peaches 1/2 cup Suncup Fruit Juice 1 ea Milk 1 cup	Taco Filling 3 oz Shredded Lettuce 1/4 cup Cheddar Shredded Reduced Fat 1/4 cup Salsa 1/4 cup Tortilla Chips 2 oz Black Beans 1/2 cup Crinkle Cut Fries 1/2 cup Banana 1 ea Suncup Fruit Juice 1 ea Milk 1 cup	<b>Baked Ziti</b> 1 cup Corn 1/2 cup Green Beans 1/2 cup Wheat Roll 1 ea Diced Peas 1/2 cup Suncup Fruit Juice 1 ea Milk 1 cup
Aug 29	Aug 30	
Turkey Sausage 2 ea Waffle 2 ea Sweet Potato Wedges 1/2 cup Sweet Potatoes 1/2 cup Mandarin Oranges 1/2 cup Suncup Fruit Juice 1 ea Milk 1 cup		

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