

**Marion County Area Mental Health & Counseling Resources**

Adult & Child Mental Health	1-877-882-5122	Emberwood Center (adolescent treatment available- drug/alcohol)	317-536-7100
Aspire	1-877-574-1254	Hope Haven Psychological Resource <b>(PCR's School Based Partners)</b>	317-241-4673
Christian Theological Seminary Counseling center (CTS)- Low Cost	317-924-5205	Families First Indiana (Low Cost/Free)	317-634-6341
Cummins Behavioral Health	888-714-1927 ext 1500	Catholic Charities (Low Cost)	317-236-1500
Indiana University Outpatient Counseling/ Behavioral Health Services	317-329-7313	Jane Pauley at Community Alliance of the Far Eastside (Free)	317-860-8902 ext 116
I.U. Riley Child and Adolescent Psychiatric Center (under age 18)	317-944-8162	Jane Pauley Community Health	317-355-9320
I.U. Behavioral Health Access Center (they will refer you to appropriate providers).	317-962-2622	Action Health Center Adolescent Mental/Behavioral Health Clinic (ages 12-25)	317-221-2364
Meridian Services	765-288-1928	Southwest Health & Behavioral Center	317-488-2031
Eskenazi/Midtown Mental Health	317-630-7791	Legacy House (all services free)	317-554-5272
St. Francis Behavioral Health	317-783-8383	Visit: <a href="https://psychologytoday.com">https://psychologytoday.com</a>	Enter city/zip code to find a therapist
St. Vincent Stress Center Counseling	317-338-4850	Visit: <a href="https://bewellindiana.com">https://bewellindiana.com</a>	Enter city/zip code
Reach for Youth	317-920-5900	Visit: <a href="https://lookupindiana.org/">https://lookupindiana.org/</a>	Enter city/ zip code
Children's Bureau	317-870-3267		
Gallahue/ Community Health Network Counseling Services	317-621-5700 option 2	<b>Information &amp; Resource Hotline</b>	<b>2-1-1</b>

**If your child is facing a mental health crisis, please call a 24-hour crisis center below, or dial 9-1-1.**

<i>Agency Name</i>	<i>Agency Number</i>
<b>Indiana's Families First Crisis Line (and Suicide Intervention)</b>	<b>317-251-7575</b> TEXT: "CSIS" to 839863
<b>Community Behavioral Health Pavilion (Community Health Network)</b>	<b>317-621-5700</b> 7165 Clearvista Parkway, Indianapolis, IN 46256
<b>St. Vincent Stress Center &amp; Crisis Center</b>	<b>317-338-4800</b> 2001 West 86 <sup>th</sup> Street, Indianapolis, IN 46260
<b>Eskenazi ("Midtown") Mental Health Crisis Center</b>	<b>317-880-8485</b>
<b>Cummins Behavioral Health Crisis Line</b>	<b>888-714-1927 (option 1)</b>
<b>Indiana Crisis Text Line</b>	TEXT: "IN" to 741-741.
<b>National Addiction &amp; Recovery Helpline</b>	<b>1-800-662-4357</b>
<b>Trevor Lifeline (Teen Crisis Hotline, also for LGBTQ youth)</b>	<b>1-866-488-7386</b> TEXT: "START" to 678678
<b>National Suicide Prevention Lifeline &amp; Text Line</b>	<b>1-800-273-8255</b> (English) <b>1-888-628-9454</b> (Spanish) TEXT: "HELPNOW" to 20121
<b>National Sexual Assault Hotline</b>	<b>1-800-656-4673</b>